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February 21 thru March 7, 2013

Please help support the temple and its many programs.

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Hartford Street Zen Center is a 501(c)(3) nonprofit organization.
Donations are tax-deductible.

Schedule:

Monday - Friday

6:00 am Zazen (seated meditation)
 6:40 am Kinhin (walking meditation)
 6:50 am Zazen
 7:20 am Chanting
 7:40 am Soji (brief temple cleaning)

6:00 pm Zazen
 6:40 pm Chanting

Saturday

6:30 am Zazen
 7:10 am Chanting
 7:25 am Soji
 8:30 am Drop-in instruction
 9:25 am Zazen
 10:15 am Dharma Talk
 11:00 am Refreshments/Social

Hartford Street Zen Center is a Castro neighborhood temple and residential practice center in the Soto Zen tradition of Shunryu Suzuki Roshi established to support the Queer Community.



THE FALL OF THE ASCETICS

Being a buffalo, wearing hair and horns; not clinging to the business of asceticism or the states of reward of saints, not staying in the absolute, not choosing one's estate.

-- Caoshan

Tr. Thomas Cleary

Upcoming Events:

[Jukai](#) (Lay initiation ceremony) - Saturday, Feb 23 @ 11am

[Sewing Abbot's Robe](#) (for the Mountain Seat Ceremony) - Feb 23 @ noon

[Dharma Talks](#) - Rev. Myo Lahey Saturdays: Feb 23, March 2 @10:15am

[Full Moon Ceremony](#) - Saturday Mar 2 @11am

[Founder's Memorial](#) - Issan's Memorial is generally on the 6th of the month, and the memorial for Philip Whalen is generally on the 26th @ 6:40pm

[Study Hour](#) (Book of Serenity, we have books to share so feel free to drop in) - Thursdays @7:30pm

[Next Board of Director's Meeting](#) - Wed, Mar 13 @7:30pm

HIV Meditation Sitting Group

weekly meditation group for those living with HIV, their friends, families, community supporters & anyone who wants to join us!

Thursdays and Fridays

10:30 am zazen

11:00 am socializing

Meditation in Recovery

(Women-only)

monthly meditation group for women in recovery from addiction First Thursdays
7:15 pm - 8:45 pm

Meditation in Recovery

(Men & Women)

weekly meditation group for men and women in recovery from addiction
Fridays, 7:30 pm - 9 pm

Follow us on [Facebook](#)

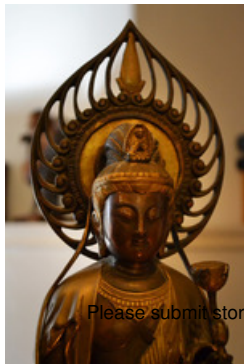
Visit us online at

[HSZC.org](#)

check out our community events page for more events!



J Fisher 2005



Please submit stories, reflections, personal news, artwork and photography for future newsletters to joseph.sanfrancisco@yahoo.com and we suggest any amount to Jen directly and thank you!

Words From HSZC Residential Practitioners

- We need a good quality Zen Student roommate who gets along well with the Resident and non-resident Sangha of HSZC and who is ready to dive into this practice full force. We would love a Zen Priest to help with operations if one was an option. Each person we add to the small temple mix shifts the tone of HSZC so were looking for a great Gal or Guy! [Visit here](#) to see more detail and spread the word to folks we know especially those in the Zen Community please!

The Bamboo Needs Your Help!

Jen has been working her hands and limbs to the bone digging out, cutting back and removing our bamboo and its tough root system. While we know all love the towering giant in HSZC's back garden, it is upsetting our neighbors by invading their yards and can post a threat to gas lines, water lines and anything else in the ground in our back yard. As opposed to a full removal Jen has been trimming it back to what will be a small Bamboo Island. This "Island" will keep the tall majestic bamboo in a section, but also creates a parameter that can be monitored to keep it from spreading outside its bounds. At the moment Jen is exhausted from this hard labor and a donor has stepped forward to match any donations she can raise to pay for professional help to come May this newsletter find you well and filled with equanimity! Please give any amount to Jen directly and thank you!

HSZC History

- From January 1990 newsletter
On the occasion of Issan's Mountain Seat Ceremony:

Issan was asked, what is the practice of Issan-ji?
Issan responded, Settling in closeness.

Sangha Member's Musing

- Chris Fletcher (after our Lunar new year event and Joss paper offerings):

"A piece of paper -
Intentions seep from forehead to joss, can you put gratitude in an object or words for that matter?
Charcoal daruma, Charcoal ablaze
Smoke of gratitude ascending to heaven
who is there to accept our offering? Everyone
who is making the offering? The blessed and no one at all
Casting spells, sparks chase evil, call upon the departed
summon their presence and they appear,
give thanks and let the new moon rise."

Words from our Practice Leader

- (On the subject of Precepts) "...These Precepts help us to live carefully among other beings... Generally speaking in Buddhism my impression is that upright conduct is less of a moral than a practical issue. I know in a certain way that kind of ignores these precepts our body-mind tends to be kind of perpetually agitated. Whereas living in a way we let the precepts guide, fosters a mind that is more subtle..." (1/21/2013 Valley Streams Zendo Dharma talk, Rev Myo Lahey)

vertical
response
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DIRECTIONS: Located between 17th and 18th Street on Hartford Street, between Castro and Noe, one block from the Castro MUNI Station, the MUNI 33 and 24 bus as well as the MUNI - F line

Reverend Myo Lahey
Practice Leader - HSZC

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